



District 5 Newsletter



4TH QUARTER—2019

District 5 Newsletter Editor: Vicki R. / Orange

Online Newsletter: http://www.msca09aa.org/districts/d_05.php

DOES YOUR GROUP HAVE A VOICE?

GENERAL SERVICE REPRESENTATIVE (GSR)

“The general service representatives (G.S.R.s) of the U.S. and Canada are the very foundation of our general service structure. Through your G.S.R., you can make your group’s voice heard at district meetings, at area assemblies, and eventually at the General Service Conference.”

For more information about GSRs, see A.A.® leaflet:

A.A. Pamphlet: P-19 -

G.S.R. Your group’s link to A.A. as a whole



“For a new general service representative, this leaflet outlines responsibilities and useful sources of information; for a group, what to keep in mind when electing a G.S.R.”

~ Alcoholic Anonymous © (A.A.)

AREA OF “DISTRICT 5”

CITIES WITHIN “DISTRICT 5”

Cowan Heights, Lemon Heights, Orange, Orange Park Acres, (parts of) Santa Ana, Tustin, and Villa Park



Being of Service...

**DISTRICT 5 / PANEL 68 (2018-2019)
TRUSTED SERVANTS
...OFFICERS AND COMMITTEE MEMBERS...**

OFFICERS

DISTRICT COMMITTEE MEMBER CHAIR (D.C.M.C.)RYAN H. (hvacman25@gmail.com)
 ALTERNATE DISTRICT COMMITTEE MEMBER CHAIR (ALT. D.C.M.C.) ..OPEN
 SECRETARYTONIA S. (toniastephens@csu.fullerton.edu)
 TREASURER.....VICKI R. (wrkaaitwrks@aol.com)
 REGISTRAR.....PAM T. (pamela_ann@rocketmail.com)

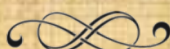
COMMITTEE MEMBERS

DISTRICT COMMITTEE MEMBER (DCM) - WOMEN’S DAY & EVENING LISA H.
 DISTRICT COMMITTEE MEMBER (DCM) - NORTH & SOUTH TUSTINSTEVE C.
 DISTRICT COMMITTEE MEMBER (DCM) - FRIENDSHIP CLUB PMISAAC M.
 DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANACASEY D.
 INTERGROUP LIAISON.....CHRIS W.
 HOSPITALS & INSTITUTIONS (H&I) LIAISONMICHELLE R.
 LITERATURE.....GLENDA R.
 ACCESSIBILITIESPAM T.
 GSR SCHOOL.....ROB S.
 GRAPEVINE & COFFEE MAKER.....LISA H.
 NEWSLETTERVICKI R.
 PUBLIC INFORMATION (P.I.).....TONIA S.
 CAKE SERVICESROB P.
 ARCHIVESOPEN
 COOPERATION WITH THE PROFESSIONAL COMMUNITY (C.P.C.)OPEN
 CONVENTION LIAISONOPEN
 DISTRICT COMMITTEE MEMBER (DCM) - EAST & WEST ORANGEOPEN
 DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANA ALANO CLUBOPEN
 DISTRICT COMMITTEE MEMBER (DCM) - MEN’S GROUP.....OPEN
 DISTRICT COMMITTEE MEMBER (DCM) - FRIENDSHIP CLUB AMOPEN

If you’re interested in being of service and would like to be involved in “District 5” by volunteering for a commitment, elections for the 2020/2021 term are being held for all commitment positions during the November 14th District 5 G.S.R. meeting. We’d love to have you share this amazing “being of service” experience with us. And, if you can’t make it to the November 14th meeting, you can always attend any of the monthly meetings following to volunteer for any of the “OPEN” commitments.

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STEPS, TRADITIONS, AND CONCEPTS OF A.A.

(Reprinted with permission of A.A. World Services, Inc.)



STEPS: 10 THRU 12

10.

“Continued to take personal inventory and when we were wrong, promptly admitted it.”

11.

“Sought though prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

12.

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.”

PROMPTLY (#10): *“Carried out or performed without delay / quickly / punctually / timely” (The Little Big Book Dictionary)*

TRADITIONS: 10 THRU 12

10.

Short Form:

“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”

11.

Short Form:

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

12.

Short Form:

“Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.”

CONTROVERSY (#10): *“Argument / debate / dispute / squabble / difference of opinion - matters that people have strong differences of opinion about” (The Little Big Book Dictionary)*

CONCEPTS: 10 THRU 12

10.

Short Form:

“Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.”

11.

Short Form:

“The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.”

12.

Short Form:

“The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.”



SUBSTANTIAL (#12): *“Of ample or considerable amount, quantity, size, etc.” (Dictionary.com)*

...MEETING GROUP NEWS...

**NEEDS YOUR HELP
IN FILLING CHAIRS...**

**MOVED TO A
NEW LOCATION...**



WEDNESDAY NIGHT

Group Name: ALKIES ONLY
Type: Discussion / Closed Meeting
Time: 7:00pm
Location: First United Methodist Church
 161 S. Orange Ave.—2nd Flr.
 Orange 92866

FRIDAY NIGHT

Group Name: FRI. NIGHT NO-PUFFERS
Type: Speaker Meeting
Time: 8:00pm
Old Location: Community of Christ Church
 395 S. Tustin
 Orange 92865

SATURDAY MORNING

Group Name: 9:02 AM Meeting
Type: Open
Time: 9:02am
New Location: Villa Park City Counsel Chambers
 17855 Santiago Blvd.
 Villa Park, CA 92861
Old Location: *Prentice School - Tustin*

SATURDAY NIGHT

Group Name: SAT. NIGHT VISITING SPEAKERS MTG.
Type: Speaker / Open
Time: 8:00pm
New Location: St. Matthew Ecumenical Catholic Church
 1111 W. Town & Country Road
 Orange 92868
Old Location: *Prentice School - Tustin*

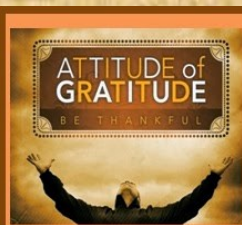
SUNDAY NIGHT

Group Name: SOBER & CRAZY SPEAKER MEETING
Type: Speaker / Open Meeting
Time: 7:00pm
New Location: Grace Harbor Church
 12881 Newport Avenue
 Tustin 92780
Old Location: *Prentice School - Tustin*

SUNDAY NIGHT

Group Name: SUNDAY NIGHT SPEAKERS OF ORANGE
Type: Speaker / Open Meeting
Time: 7:00pm
New Location: River47 Church
 1250 S. Prospect St.
 Orange 92869
Old Location: *RIO - Orange*

**Be sure to let both
DISTRICT 5 and O.C. CENTRAL OFFICE
know if your meeting group has changed its
location, day/start time, or has become
inactive, as your meeting may be the one
a 'head-spinning' suffering alcoholic
may be needing.**



November
a month of gratitude

UPCOMING SOBER EVENTS

DISTRICT 5

Nov. 11, 2019 (Mon) @ 6pm:

— Steering Committee Mtg. —
Denny's @ 17th & Tustin, Santa Ana

Nov. 14, 2019 (Thurs) @ 7pm-8:30pm:
("New GSR" sign-up / orientation @ 6:30pm)

— GSR Meeting —
and
"2020-2021"
District 5 Elections

Elections will be overseen by:

Hiro S.
(2018-2019 Area 09 Chair)
(2020-2021 Area 09 Alt-Delegate)

For More Info on Elections: See Page 8

Church of the Foothills
19211 Dodge Ave., No. Tustin 92705
(Corner of Dodge & Newport Ave.)

Dec. 9, 2019 (Mon) @ 6pm:

— Steering Committee Mtg. —
Denny's @ 17th & Tustin, Santa Ana

Dec. 12, 2019 (Thurs) @ 7pm-8:30pm:

— GSR Meeting —
("New GSR" orientation @ 6:30pm)

Church of the Foothills
19211 Dodge Ave., No. Tustin 92705
(Corner of Dodge & Newport Ave.)

REMINDER:

District 5 GSR meetings are held every 2nd Thursday of the month.

AREA 09

Nov. 10, 2019

— AREA SERVICE COMMITTEE — (ASC)
(Hosted by District 17)

Murrieta Community Center
41810 Juniper St. Murrieta, CA 92562

Nov. 16, 2019 @ 8:00am-2:30pm

— 45TH SERVATHON —
"2020: A Clear Vision For You"
(Hosted by District 30)

Twentynine Elks Club
6501 Barranca St. (On highway 62)
Twentynine Palms, CA 92277

Dec. 8, 2019

— AREA SERVICE COMMITTEE — (ASC)
(Hosted by District 8)

Renck Community Center
4015 Jackson St. Riverside, CA 92503

Dec. 10, 2019 @ 8am-4pm
— 4TH HISPANIC WOMEN'S WORKSHOP —
(Hosted by Districts 05, 07, 08, 09, & 93)

For More Info: See flyer on Page 5.

O.C. CENTRAL OFFICE

Nov. 9, 2019 (Sat) @ 1pm

**OPEN HOUSE
&
GRATITUDE MONTH
CELEBRATION**

For More Info: See flyer on Page 5

Nov. 13, 2019 (Weds) @ 7pm

— INTERGROUP MEETING —

Costa Mesa Senior Center
695 W. 19th St., Costa Mesa, 92627
Info: (714) 556-4555

Dec. 11, 2019 (Weds) @ 7pm

— INTERGROUP MEETING —

Costa Mesa Senior Center
695 W. 19th St., Costa Mesa, 92627
Info: (714) 556-4555

Orange County Hospitals & Institutions

Meets on the 2nd Sunday of every month as follows:

Institutions Committee: 4:00pm - 5:00pm
(Orientation for first-time attendees at 3:15pm)

Hospitals Committee: 6:00pm - 7:00pm
(Orientation for first-time attendees at 5:15pm)

Garden Grove Alano Club
9845 Belfast, Garden Grove, CA 92844

Visit www.oc-aa.org for additional information on upcoming events.

NEWLY ELECTED!!

(Elections were held on October 13, 2019)

MSCA Area 09 Panel #70 (2020-2021)

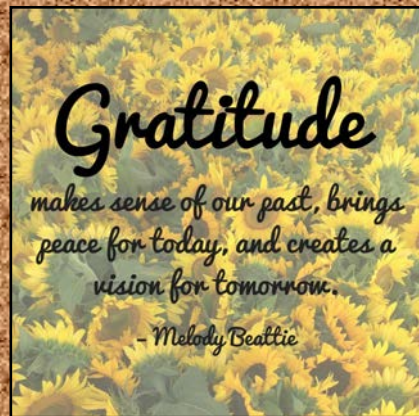
- Delegate: Ed L.
- Alt-Delegate: Hiro S.
- Area Chair: Mitchell B.
- Secretary: Ryan W.
- Registrar: Emily H.
- Treasurer A/P: Jose A.
- Treasurer A/R: Richard W.

Congratulations & thank you to all for 'being of service'. Especially to our District 5 member, Mitchell B.!



Visit www.msca09aa.org for additional information on upcoming events.

We hope to see you there!



I am Thankful For:



UPCOMING SOBER EVENTS

(Continued)



2019

November 1 — 3, 2019


November 9, 2019

MIRACLE ON THE RIVER ^{32nd Annual}

NOVEMBER 1ST - 3RD 2019


WE ARE NOT A GLUM LOT

HAPPY • JOYOUS • FREE

Register Online! • With Al-Anon Participation 

www.HavasuAARoundup.org

O.C. Central Office

 **OPEN HOUSE**

&

GRATITUDE MONTH CELEBRATION!

Saturday November 9, 2019

1:00 pm until 4:00 pm


SPEAKER: Linda S. of Costa Mesa

(2:00pm)

Come by for fun, fellowship & treats!

 **POTLUCK**


1526 Brookhollow Dr. Suite 75
Santa Ana, CA 92705
714-556-4555





December 7, 2019

4th Hispanic Women Workshop



La Inclusion reconoce las habilidades de todas

4th Hispanic Women Workshop for California from the following Areas : 05 06 07 08 09 & 93

Date: December 7th 2019 Time: 8 am – 4pm

Location: 201 N. BrandFord Ave. Placentia, CA 90045

Special Guest Speakers from GSO
Breakfast and Lunch as well as Fellowship

Area 05
Maria Q. – (323) 376-0514
Olga – (213) 258-6425


Area 06
Sandra G. – (408) 771-6846
Ana V. – (925) 705-2569
Diane W. – (707) 318-1827
Leticia O. – (707) 337-5389

Area 07
Julie R. – (916) 380-7487
Herminia – (916) 969-3889

Area 08
Alicia H. – (619) 921-0344

Area 09
Claudia M. – (949) 293-4183
Monica H. – (949) 307-2437

Area 93
Esther R. – (818) 434-5311
Araceli – (661) 709-0290









UPCOMING SOBER EVENTS

(Continued)



2020

January 9 — 12, 2020

30th Annual River Roundup
Don Laughlin's Riverside
Resort Hotel & Casino
1650 S Casino Dr., Laughlin, NV

For More Info: <https://www.rcco-aa.org>



March 6 — 8, 2020



MARCH 6 - 8, 2020
WESTIN LA PALOMA RESORT
3800 E. SUNRISE DRIVE, TUCSON, ARIZONA 85718

For online registration, hotel reservations,
to volunteer, and for general information visit
www.PRAASA.org

July 2 — 5, 2020



**2020 INTERNATIONAL CONVENTION
ALCOHOLICS ANONYMOUS**
July 2-5, 2020 | Detroit, Michigan
Love and Tolerance Is Our Code

Do you know of any AA related events which are happening in 2020 and would like them included in the next quarterly District 5 Newsletter? If so, be sure to send the info to your District 5 Newsletter Editor:

wrkaaitwrks@aol.com

For More Info:
https://www.aa.org/pages/en_US/international-convention-2020



**DISTRICT 5
*** SOBRIETY BIRTHDAYS ***
(JULY 2019 - AUGUST 2019)**



Congratulations to those below who attended the District 5 meeting the month of their sobriety birthday!!

**** SEPTEMBER 2019 ****

◇ Mitchell B..... Visitor (*MSCA Area 09 Secretary*) ~ 10 Yrs.

**** OCTOBER 2019 ****

- ◇ Mario P..... Alt-GSR (*"Sunday Morning B/B Study Group" ~ Orange*) | GSR (*"Mon. Night Speakers Mtg." - Orange*) ~ 1 Yr.
- ◇ Lindsey K..... GSR (*"Ladies Night Book Study" - Orange*) ~ 3 Yrs.
- ◇ Tonia S..... Alt-GSR (*"Keep it Simple Group" - Orange*) | Secretary (*"District 5"*) ~ 9 Yrs.
- ◇ Steve C..... Alt-GSR (*"Alkies Only" ~ Orange*) | GSR (*"How It Works" - Orange*) | DCM - Tustin (*"District 5"*) ~ 12 Yrs.
- ◇ Greg A GSR (*"Sunday Morning B/B Study Group" ~ Orange*) ~ 34 Yrs.



By doing it
"ONE DAY AT A TIME",
all together they have...

YEARS 96
MONTHS 1,152
WEEKS 5,005
DAYS..... 35,040
HOURS..... 840,960
MINUTES 50,457,600



THE GENERAL SERVICE OFFICE
POST OFFICE BOX 459
GRAND CENTRAL STATION
NEW YORK NY 10163-0459

GSO...THE BIRTHDAY PLAN

"Contributions to the General Service Office support G.S.O.'s services to members and groups throughout Canada and the U.S. and help ensure that the A.A. message is carried around the world. The services that the G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety." For More Info: www.aa.org/pages/



**A.A.
RELATED WEBSITES**



- * Alcoholics Anonymouswww.aa.org
- * MSCA 09 / District 5www.msca09aa.org
- * OC Central Officewww.oc-aa.org
- * Box 4-5-9.....https://www.aa.org/pages/en_US/box-4-5-9-news-and-notes-from-gso
- * Grapevinewww.aagrapevine.org
- * OC A.A. Conventionwww.oaac.org
- * AA Online Intergroup.....www.aa-intergroup.org
- * All O.C. Young People In A.A.... <http://www.aocypaa.org>
- * Area 9 Bridging the Gap.....<https://area9btg.org>
- * Veterans Bridging the Gap<http://www.vetsbtg.org/>

NEW GSRs / Alternate GSRs!!!

A big *WELCOME and THANK YOU* to the following new GSRs and Alternate GSRs...

NAME	GROUP	CITY
◆ Kyle B. (GSR)	Sat. Podium Tag	Orange
◆ David H. (GSR)	Sat. Night Visiting Speakers	Orange
◆ Christelle S. (GSR)	Tustin Acceptance Group	Tustin



AA RESPONSIBILITY STATEMENT

"I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

FRIENDLY REMINDER...The General Service Office needs to be advised whenever there are the following meeting/group changes, so that they can keep their records up to date.

- Name – Date and Time – Location
- General Service Representative (GSR) and/or Contact Information (i.e. Secretary)
- Disbandment of Meeting/Group

If there are any changes, please be sure to notify your District 5 Registrar (*Pam T.*) via email, or by attending a District 5 meeting and giving her (or the GSR School Committee Member) the applicable information. The information will be forwarded to both the area and the General Service Office.

You can find information on the next "District 5" meeting on Page 5 (*Upcoming Events & Announcements*) of this newsletter.

UPCOMING...

DISTRICT 5 ELECTIONS

**Panel 70
(2020-2021)**



WHEN: November 14, 2019 (District 5 Monthly GSR Meeting)
WHERE: Church of the Foothills, 19211 Dodge Ave., Santa Ana / North Tustin 92705
TIME: 7:00pm — 8:30pm

= AVAILABLE POSITIONS =

District Officers

(Min. suggested sobriety of 2 years)

- ◆ District Committee Member Chair (D.C.M.C.)
- ◆ Alternate District Committee Member Chair (ALT-D.C.M.C.)
- ◆ Secretary
- ◆ Treasurer
- ◆ Registrar



District Committee Members (D.C.M.) and Alternate District Committee Members (Alt-D.C.M.)

(Min. suggested sobriety of 2 years)

- ◆ District Committee Member (D.C.M.) and Alternate - Men's Groups
- ◆ District Committee Member (D.C.M.) and Alternate - Women's Day
- ◆ District Committee Member (D.C.M.) and Alternate - Women's Evening
- ◆ District Committee Member (D.C.M.) and Alternate - East Orange / Villa Park / District 5
- ◆ District Committee Member (D.C.M.) and Alternate - West Orange
- ◆ District Committee Member (D.C.M.) and Alternate - Northeast Santa Ana
- ◆ District Committee Member (D.C.M.) and Alternate - Southwest Santa Ana
- ◆ District Committee Member (D.C.M.) and Alternate - Santa Ana Alano Club
- ◆ District Committee Member (D.C.M.) and Alternate - North Tustin



Standing Committee Chairs

- ◆ Archives
- ◆ Convention Liaison
- ◆ Cooperation with the Professional Community (C.P.C.)
- ◆ Grapevine
- ◆ G.S.R. School
- ◆ Hospitals & Institutions (H&I) Liaison
- ◆ Intergroup Liaison
- ◆ Literature
- ◆ Newsletter
- ◆ Public Information (P.I.)
- ◆ Accessibilities

Volunteer Positions

- ◆ Coffee Maker
- ◆ Cake Person





Contribution By Others...

A.A. In The Military

World War II broke out early in the history of Alcoholics Anonymous, and members were confronted with staying sober through that difficult experience. Since then, A.A.s in the Armed Services have experienced and shared powerful stories. Their willingness to go to any length directly contributed to the growth of A.A. worldwide as they sought to help other alcoholics and maintain their own sobriety. Their efforts with the professional community (commanders, chaplains, doctors) and the public (newspapers, fellow service members) serve as a powerful example of the spirit of A.A.s under extremely trying circumstances.

On December 7, 1941, the Japanese attacked Pearl Harbor and the United States entered the most widespread war in history. Bill W. and other early members (an estimated 300 in all) sought to return to uniformed service during the course of the conflict. A.A. requested and was granted special permission for additional gas rations in order to perform Twelfth Step work.

Roger W. wrote in *Markings* 35(1):2-3 (Spring 2015) about A.A. in the military, from 1994 to 2015. He wrote that one of the goals of A.A. Grapevine as it first began was the idea of sharing news from home with the boys overseas. The first issue, in June 1944, contained a feature entitled "Mail Call for All A.A.s in the Armed Forces," which ran through the end of the war, after which the title was changed to "Mail Call for A.A.s at Home and Abroad."

Grapevine

- Early 1944 World War II was in full swing.
- One of original concepts of the new publication was a means to communicate with A.A. members serving overseas
- One whole page was dedicated to this cause and titled "Mail Call For All Armed Forces"
- Members of the Armed Forces began calling the Grapevine their "meeting in print."
- The title stuck, and today the Grapevine and La Viña carry it on their covers.
- The war ended in 1945. Starting with the September 1945 issue, "Mail Call for All AAs in the Armed Forces" became "Mail Call for All AAs at Home or Abroad"

The first A.A. group on a military base was begun in March of 1945 with the Jefferson Barracks Group at the U.S. Disciplinary Barracks in Missouri. Soon similar groups started on Governor's Island, N.Y., and at U.S. Army Letterman General Hospital in San Francisco. A.A. developed in West Germany after the war as a direct result of the efforts of servicemen abroad. By 1948, there were groups in Bremen, Frankfurt, and Munich; the first European Roundup was held in Wiesbaden in 1952.

A.A. growth in the Pacific was also fostered by a U.S. military presence. By 1953 there were servicemen's groups registered in Japan, Korea, Okinawa and Hawaii. To serve transient members, the Tokyo Group began a newsletter; by 1967, the Tokyo Group had nine meetings a week and held the first known Roundup in the Far East, featuring speakers in both English and Japanese.

The war in Korea saw A.A. members again seeking other alcoholics. As early as 1950, servicemen stationed in South Korea wrote to Grapevine, grateful for any contact by mail. By 1952, Ann M., Foreign Group Secretary at the General Service Office, had connected 15 A.A.s on the Korean Peninsula. As A.A.s rotated home or were deployed to Korea, they found each other because Ann M. knew something about the country that the generals didn't—the location of other A.A.s.

The first Grapevine article from Vietnam appeared in 1966, featuring the story of "perpetual private" T.C.F., who had been reduced in rank several times because of his drinking, but who was four years sober at the time of his writing. Grapevine continued to capture military Loner stories, like that of the sailor who celebrated his 5th A.A. birthday in Newport, R.I., after spending his first four anniversaries at sea. In 1966, a Loner shared about using a military "hot line" to reach members around the world.

With so many members in the Armed Forces, publication of the 1974 pamphlet "A.A. and the Armed Services," containing ten personal stories, was inevitable. The form it took was shaped by the 1971 General Service Conference Literature Committee, which recommended that the pamphlet be written so as to ensure that it reached every rank of soldier who might have a drinking problem. The pamphlet was revised in 1981 and again in 2003 and 2012.

Many A.A.s were among those deployed to the Persian Gulf during Desert Storm in 1990-91; these were sustained by cards and letters sent by members around the country. Following the terrorist attacks of September 11, 2001, A.A. members answered the call to military service and stayed sober in Iraq and Afghanistan. Soldiers abroad could now take advantage of new technology that included Skype, online meetings, and stable voice communication, all powerful tools for helping themselves and their fellow alcoholics.

Alcoholics Anonymous continues to honor its members in the military. At the 2010 International Convention in San Antonio, a panel meeting called "A.A. in the Military" included three members who had stayed sober while in uniform. Even more (including family members and USO volunteers) were in the audience and shared their experience, strength and hope. And in 2014 the International Conference of Young People in Alcoholics Anonymous (ICYPAA) hosted a program focusing on "being of service while serving your country."

Grapevine released a book entitled *AA in the Military* with stories from the Grapevine about A.A. member experiences in the military from 1944 to 2015, from W.W. II to Korea to Desert Storm. In MSCA Area 09 <<https://area9btg.org/>> and District 06 Veterans Bridging the Gap <<http://www.vetsbtg.org/>> has a website to help Bridge the Gap for veterans or those who serve from treatment into A.A.

Throughout A.A. history, members have served honorably in the military while staying sober and helping to spread the message of sobriety around the world.

Mitchell B.,
MSCA Area 09 Archivist



NEED TO FIND A MEETING??



UPDATED A.A. MEETING GUIDE 3.0 APP

"Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format.

Meeting Guide syncs with area, district, intergroup/central offices and international General Service Office websites (some of which are listed on A.A. Near You), relaying meeting information from more than 300 A.A. service entities directly to you. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

This app gives A.A. service entities full control of their local meeting information while collecting it in one place, making it easy for anyone to find a meeting. Local entities provide their meeting information voluntarily. Meeting Guide users can suggest additions or corrections to meeting listings by using links provided within the app to contact the local service entity responsible for the information.

New & Enhanced Features

Search — Find A.A. meetings by name or location, in addition to day and time

Daily Reflections — a selection of reflections by and for A.A. members

Enhanced location functionality

Expanded user interface, with a new menu bar and "Contact" feature.

"News" — Learn about events at the General Service Office (G.S.O.) and Grapevine, as well as information about updates within the app.



To learn how to get your local A.A. website connected, please visit our support site for A.A. web servants.

For additional questions please contact appsupport@aa.org

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- ♦ Above information reprinted from A.A.'s website page: https://www.aa.org/pages/en_US/meeting-guide
- ♦ To learn how this app came about see Box 4-5-9 issue: Vol. 65, No. 3 / Fall 2019

"TRADITIONS" CRYPTOGRAM PUZZLE

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	
1															21											

A	P	A
1 17 4 17 7 6 19 14 7 19 12 14 3 25	12 21 19 11 19 14 22 1 9	
A	A	A
8 4 22 17 2 1 14 19 4 17 4 8 1 9 9 4 22 11 14 11 1 2 19 14 19		
4 17 12	25 24 25 11 11 25 6 19 17 2 19 17 26 22 12 14 4	
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MEETINGS / GROUPS WITH ACTIVE* DISTRICT 5 REPRESENTATION

**Active: A meeting/group having had a G.S.R. or Alternate G.S.R. attend one or more of the past six consecutive District 5 meetings.*

NAME OF MEETING / GROUP	LOCATION	G.S.R.	ALTERNATE G.S.R.
6 A.M. Foothill Early Risers Group	Tustin	Patrick M.	
777 (Newcomers) Men's Stag Group	Orange	Robert B.	Shane S.
Alkies Only	Orange	Vicki R.	Steve C.
Back from the Dead	Santa Ana	Alex G.	
Boozy Bunch Group	Orange	Cassidy R.	
Chapman & Lewis AA Group	Orange	Glenda R.	
Early Birds Group	Santa Ana	Paula P.	
Forever Non-Professional (F/Club)	Orange	Isaac M.	
Friday Night No Puffers Speaker Meeting	Orange	Rich J.	
How It Works	Orange	Steve C.	David H.
It's In the Book (Book Study)	Tustin	Gloria Z.	
Keep it Simple Group	Orange	Casey D.	Tonia S.
Ladies Night Book Study	Orange	Lindsey K.	Ann Marie M.
Men's Big Book Study	Orange	Steven H.	
Men's BYOB Bookstudy	Tustin	Chris W.	Matt D.
Monday Night Mens Stag Group	Tustin	Michael H.	
Monday Night Speakers Meeting	Orange	Mario P.	
Not A Glum Lot	Orange	Michelle R.	
Rush Hour (F/Club)	Orange	Matt L.	
Sat. Podium Tag (F/Club)	Orange	Kyle B.	
Saturday Night Visiting Speakers Mtg.	Orange	Chris W.	David H.
Sober & Crazy Speaker Meeting	Tustin	Rob P.	
Sober on 4th	Santa Ana	Tyler S.	
Sun. Night Speaker Meeting of Orange	Orange	Sara C.	
Sunday Morning B/B Study Group	Orange	Greg A.	Mario P.
Thursday Noon Discussion Group (F/Club)	Orange	Christina W.	
Tuesday Night Men's Stag	Santa Ana	Michael D.	
Tustin Acceptance Group	Tustin	Christelle M.	
Tustin Attitude Modification Group (6AM)	Tustin	Richard M.	
Tustin Big Book Study	Tustin	Peter C.	
Tustin Mon Evening Womens 12&12 Group	Tustin	Sharon G.	
Tustin Rush Hour	Tustin & Orange	Chuck W.	Pam T.
We Got A Coffee Pot	Orange	Will G.	
Wed Nite Womens Solutions Grp	Tustin	Kathy S.	
Wednesday Noon Discussion Group (F/Club)	Orange	Bruce M.	
Winners Circle Group	Anaheim	Terry S.	
Womens Experience, Strength & Hope	Orange	Kirin S.	Lisa B.
Womens Step Study Group	Tustin	Jane B.	

- Did you know that the local group is the basic unit of A.A. World Service?
- Does your meeting/group have a GSR?
- Has there been a GSR or Alt-GSR change?
- Is your meeting/group missing from the above list??



In keeping with our 7th Tradition.....

GROUP DONATIONS MADE TO "DISTRICT 5"

~ SEPTEMBER & OCTOBER 2019 ~

GROUP #	GROUP NAME	CITY	SEP	OCT	"2019" GROUP TOTALS TO DATE
725611	6am Step Study	Orange	\$ 26.07	\$ -	\$ 52.47
102350	12 Steps And 12 Traditions Study Group	Tustin	\$ -	\$ 5.00	\$ 16.00
606997	12:00pm Step Study Group	Orange	\$ 5.00	\$ -	\$ 45.00
649516	777 Newcomers Men Stag	Orange	\$ -	\$ 120.00	\$ 300.00
126119	Early Birds Group	Orange	\$ -	\$ 14.16	\$ 46.75
111200 / 172225	How It Works	Orange	\$ -	\$ 10.00	\$ 17.00
700349	It's In The Book	Tustin	\$ -	\$ 20.00	\$ 61.30
680752	Keep It Simple Group	Orange	\$ 6.10	\$ -	\$ 63.66
147958	Lucky Stiff's	Tustin	\$ -	\$ 28.19	\$ 28.19
686410	Monday Night Mens B.Y.O.B.	Tustin	\$ -	\$ 10.00	\$ 10.00
670924	Not A Glum Lot	Orange	\$ -	\$ 10.00	\$ 30.00
616357	Sober & Crazy Speaker Meeting	Orange	\$ 31.18	\$ -	\$ 150.76
146970	Sunday Morning B/B Study Group	Orange	\$ 17.11	\$ -	\$ 33.22
655929	(The) Other 12 & 12 (Twin Towers)	Orange	\$ 10.00	\$ -	\$ 20.00
696177	Tustin Acceptance Group	Tustin	\$ -	\$ 15.00	\$ 75.00
130429	Tustin Attitude Modification Group	Tustin	\$ 71.13	\$ 66.93	\$ 629.29
678232	Tustin Big Book Study	Tustin	\$ -	\$ 10.00	\$ 53.63
No #	Weds Orange 6pm Women's	Orange	\$ -	\$ 8.00	\$ 16.00
135004	Winners Circle Group	Anaheim	\$ -	\$ 20.00	\$ 30.00
TOTALS			\$ 166.59	\$ 337.28	

THANK YOU!!

Attention Meeting Group Secretaries and Treasurers.....

When sending in a 7th Tradition donation/contribution for your group, please note the following information so that District 5 can be sure your meeting group receives acknowledgement, along with a receipt:

- (1) Group number (issued by the General Service Office)
- (2) Meeting group name and day & time of meeting
- (3) Name and mailing (or email) address of whom to send the receipt to.

If your group number isn't known, ask your GSR to speak to the "District 5" Registrar (Pam T.) at the next monthly (2nd Thursday) District meeting, or you can send her an email at: pamela_ann@rocketmail.com.

Address for Correspondence and 7th Tradition Donations: **District 5, M.S.C.A - P.O. Box 3374, Tustin, CA 92781**